

HeartActive

Serving Size: 250 mL

	Average Quantity per 250 mL Serving	% DI [#] per serve	Average Quantity per 100 mL
Energy	435 kJ (104 Cal)	5%	174 kJ (42 Cal)
Protein	8.3 g	17%	3.3 g
Fat, total (excl. sterol)	2.5 g	4%	1.0 g
- Saturated	1.2 g	5%	0.5 g
- Trans	<0.1 g		<0.1 g
- Polyunsaturated	0.5 g		0.2 g
- Monounsaturated	0.5 g		0.2 g
Plant sterols	0.8 g		0.32 g
Carbohydrate, total	12.0 g	4%	4.8 g
- Sugars	12.0 g	13%	4.8 g
Sodium	113 mg	5%	45 mg
Calcium	308 mg	(38%RDI*)	123 mg

Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

* Recommended Dietary Intake

Ingredients Declaration:

LOW FAT MILK, PLANT STEROL ESTERS (PLANT STEROLS 0.32 %) (CONTAINS SOY), EMULSIFIER (471).

Advisory Statement:

NOT SUITABLE AS A COMPLETE MILK FOOD FOR CHILDREN UNDER 2 YEARS